

ROUTING

for them



Interactivity

The Routing for them booklet is completely interactive and can be completed without the need to print.



When you see the home icon (symbol) this will take you back to the contents page. The arrow icons (symbol) allow you to navigate through the pages.



Whenever you see the press button (symbol) icon there is an activity to be completed, which again can be done digitally without the need to print.



clickable web link

All links with the magnifying glass icon (symbol) are clickable and will take you directly to the given website.

We hope you find the Routing for them guide useful and informative. Remember to speak to your school/college's Careers Lead for more information regarding applications and deadlines.

Guidance notes

In this short document, you'll find suggested ways to use the Routing for them guide, including the order in which we recommend you complete the activities. Remember that your school/college Careers Lead will be able to give you more information on specific deadlines and timeframes for applications.

To begin with, the guide covers some key information that is useful for parents/carers and young people (pages 4 – 8):

- **The information you should expect to receive from a Careers Lead.**
- **Top tips for navigating the world of careers and education.**

Next, and to make things as simple as possible, the Routing for them guide is broken down into life events and education years for a young person (pages 10 – 39):

- **Leaving School: Years 10 & 11**
- **Moving On: Years 12 & 13**
- **Beyond Education: Years 10-13**

We recommend that you follow the guide in the order it is set out, this will allow you to take each step at the correct time in a young person's life.

Finally, the guide includes a section that can be returned to at various points in a young person's education journey – 'The Emotional Rollercoaster'. In this final section, you'll find information and activities based on wellbeing and making a plan B, if needed.