



Let's talk about careers

Year 7 Parents & Carers: An interactive guide for exploring potential career routes with your child



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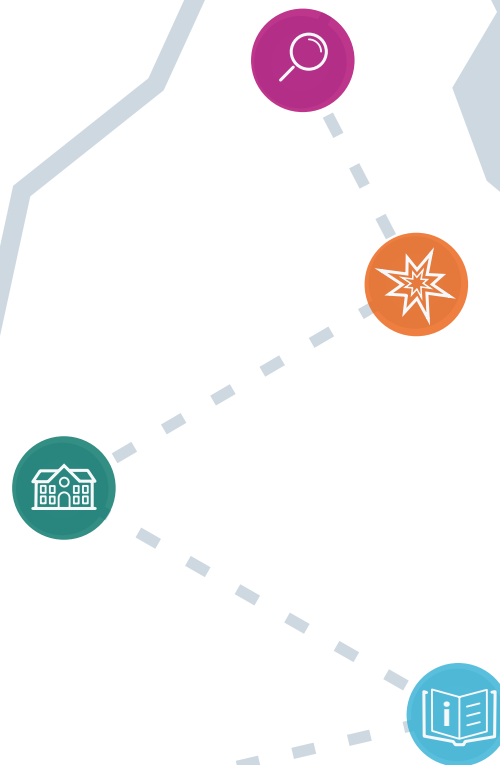
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Partners



Introduction

This booklet has been designed to help you have effective careers discussions with your child. You don't need to wait till they're in the middle of choosing GCSEs, you can start right now before there's any pressure to make important decisions. Through the activities in this booklet, you can explore different careers and the routes into them in fun and engaging ways, setting your child up to make well-informed choices when the time arrives.



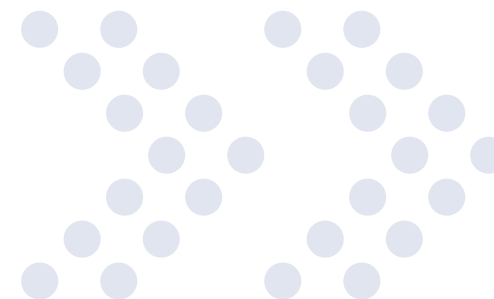
Let's talk about careers

Year 7 Parents & Carers: An interactive guide for exploring potential career routes with your child



What is Contained in this Booklet

This booklet is split into 4 sections.
Information on each section is detailed below.



Section 1

WHAT'S COMING UP?

This section contains an accessible summary for parents/carers that explains:

- The age their child will be in each school year
- Which school years belong to which Key Stages
- Important events that happen in those school years and/or key stages
- Compulsory subjects at Key Stage 3
- GCSEs and vocational qualifications at Key Stage 4
- A levels, Applied General Qualifications and T Levels at Key Stage 5
- Post 18/19 options including the world of work



Section 2

WHAT HAPPENS AT OUR SCHOOL?

This section provides more detail about what happens at your specific school. For example, there is information on:

- KS3 Compulsory Subjects
- KS4 options/information evenings
- What year KS4 choices are made
- Work experience
- Post-16 options/information evenings
- Sixth form open evening
- Post-18/19 options/information evenings



Section 3

SPARK ACTIVITIES

This section contains a number of activities designed to support parents/carers to be able to have meaningful conversations with their children around the topic of 'careers'. This section and the following section can be used in a number of different ways.



Section 4

EXPLORATION TOOLS

This section contains a number of different web-based resources to enable parents/carers to continue exploring their young person's interests. It is split into sections that:

- Explore places to visit based on the young person's interests
- List volunteering opportunities
- Explore the young person's favourite school subject(s) and careers associated with this/these
- Explore the young person's interest in specific job sector(s)



How to use the booklet

This booklet can be used in a number of ways.

1

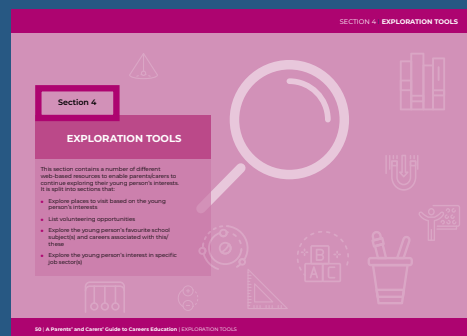
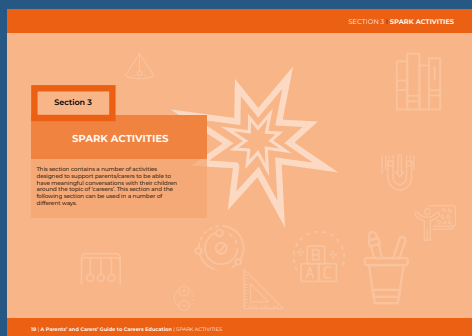
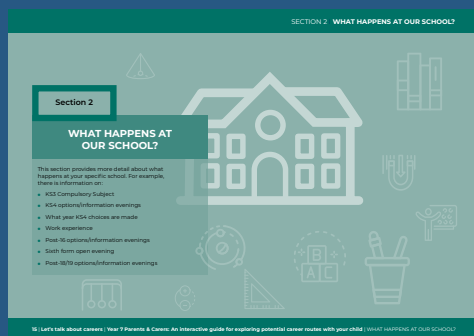
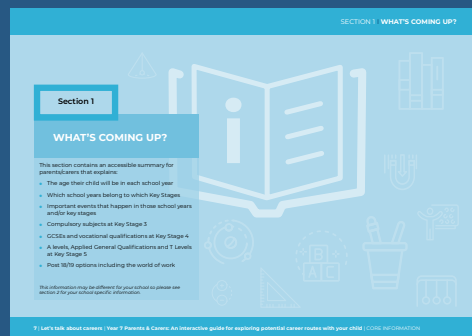
The information sections can be used to improve your own knowledge of qualification and career route.

2

The spark activities can support you to have fun and meaningful conversations around the topic of careers with your child at home.

3

The exploration tools can be used to continue exploring more specific interests, subjects and career routes together.



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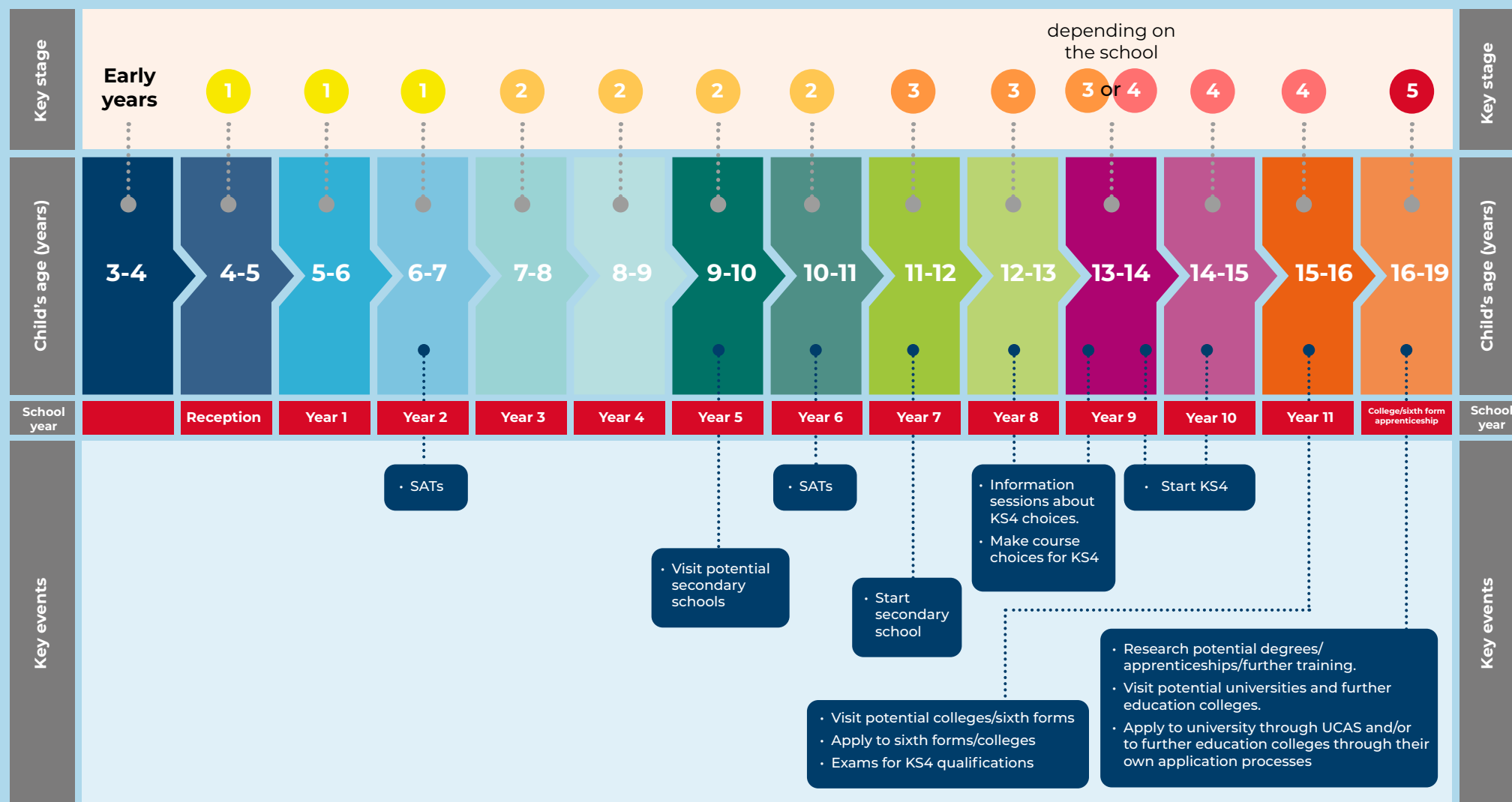
This information may be different for your school so please see section 2 for your school specific information.

Key Stages

What is a Key Stage?

The national curriculum is organised into blocks of years called Key Stages. For example, Key Stage 4 is Years 10 and 11.

The national curriculum is organised into blocks of years called key stages (KS). At the end of each of each key stage your child's teacher will formally assess your child's performance. It is important for your young person to try their best so that teachers get an accurate reflection of your young person's current ability and can identify any support that needs to be put in place. However, your young person's wellbeing is also important. Preparation for assessments, particularly at early key stages, should not be at the detriment to your child's overall health and wellbeing.

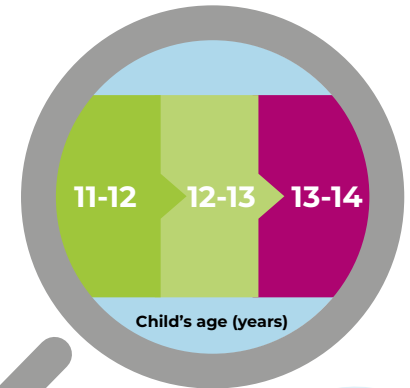


Key Stage 3

Modern foreign languages



Music



Geography

Key Stage 3:

Key Stage 3 is the first 3 years of Secondary School for pupils aged 11-14.

Design and technology



Art and design

Maths

physical education

Subjects:

Compulsory national curriculum subjects at KS3 are: English, maths, science, history, geography, modern foreign languages, design and technology, art and design, music, physical education, citizenship and computing.

Citizenship and computing



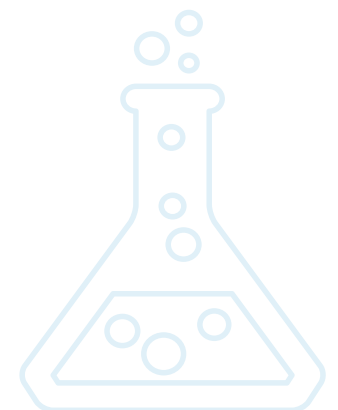
English



Science



History



Key Stage 4 Qualifications

GCSEs

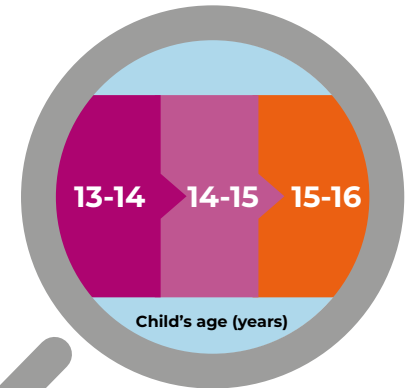
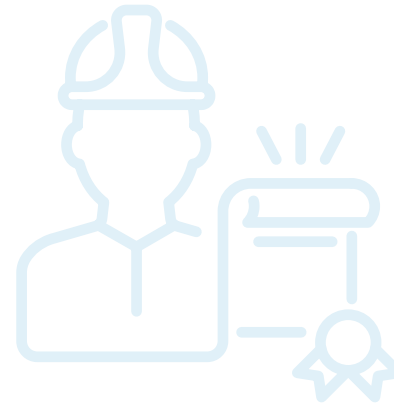
Students will take at least 5 GCSEs at key stage 4, including English, Maths and Science. The rest of your child's key stage 4 courses will vary from child to child and school to school.

Some GCSEs will have a coursework element to them, but the majority of GCSEs are assessed via exams at the end of year 11.

English

Maths

Science



Vocational Qualifications

Vocational qualifications are more practical than GCSEs and are usually related to a specific job or career area. You might hear these qualifications referred to as technical awards or BTECs.

40%

Vocational qualifications still have an exam component, this typically makes up 40% of the qualification. The rest of the qualification is made up of teacher assessed assignments that are completed in class.

Key Stage 5 Qualifications (16-19)

A Levels

These are the qualifications that have been around the longest. Most students will study 3 of these, although some students choose to study 4. A-levels are usually assessed via exams at the end of the two-year period.

Applied General Qualifications

These qualifications have a more practical emphasis and may sometimes be referred to as BTECs or Cambridge Technicals. Depending on the type of qualification, your young person can either study one Applied General Qualification alongside 2 A levels, or they can study one course that is equivalent to 3 A levels.

16-19

Child's age (years)

T levels

These were first introduced in September 2020. They are 2 year qualifications and are equivalent to studying 3 A levels. They lead to specific occupations and are available in a range of areas (e.g. cybersecurity and wildlife management).

The qualification includes 3 months' work experience and opportunities to build transferable skills and knowledge related to the job areas. Students who study T levels are able to progress to university, higher level apprenticeships and jobs.

There is a wide range of Applied General Qualifications available, and they differ to A levels in that they incorporate practical skills and relevant work experience. Generally, there are less exams than in A levels and a variety of assessment methods tend to be used.

Post-18/19 Options

Degree

An academic course that is delivered through a university or further education college. Universities and colleges set their own entry requirements, and these differ for each of the courses on offer.

Higher Technical Skills Courses

Learn the higher-level skills required for a specific job role. These are usually delivered through a college or university. Entry requirements differ for the different courses on offer.

Apprenticeships

Intermediate, advanced and higher level apprenticeships combine on the job skills training with classroom-based learning. Your young person will be paid a salary whilst receiving relevant training for their chosen career. Entry requirements will depend on the industry, job role and level of apprenticeship.

Degree-Level Apprenticeship

These were first introduced in 2015 and are a partnership between employers and universities. They provide an alternative route to gaining a degree, whilst gaining valuable work experience and without being in full-time education.

Traineeships

Typically a shorter course that includes a work placement and will get your young person ready for an apprenticeship or a job.

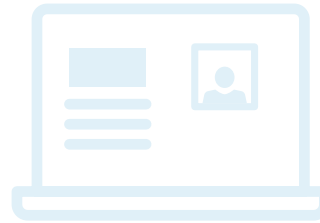


18-19

The World of Work

Non-graduate job roles

There are a whole range of job roles within each sector and only some of them require a higher education qualification. If your young person is interested in working in a particular sector but is not interested in gaining a higher education qualification, or if they want to gain some work experience in the sector before studying for a qualification, then it is worth researching and exploring non-graduate job roles.



Graduate Schemes

Many organisations offer graduate training schemes. These are structured training programmes designed to develop future leaders of the organisation. They typically last for 1-2 years and give graduates the opportunity to take on responsibility from the outset, whilst receiving support to build key skills. If your young person has an interest in working for a specific organisation or within a specific sector, then it would be useful to explore what graduate schemes are available.

Entrepreneurs

It doesn't have to be exactly like 'The Apprentice', but if your young person has a killer idea and a burning desire to start a business based on this, then there are plenty of resources out there with advice and suggestions.



Lifelong Learning

If reading through this information and discussing options with your young person has also inspired you to think about your career, then please note that education and training does not have a time limit.

Many people return to formal education or training having spent a period of time in the world of work. There is a wealth of opportunities out there, and the options are growing! Perhaps this is a journey you could explore together with your young person?



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Key Stage 3 Subjects

- Art
- Drama
- English
- French
- Geography
- History
- Computer Science
- Mathematics
- Music
- Physical Education (PE)
- Religious studies
- Science
- Technology
- LIFE (Personal, Social, Health and Citizenship education)



Options Evening (Spring term year 8)

An opportunity to find out:

- The process of picking your young person's subjects for Key Stage 4
- Information about individual subjects, including the qualification obtained, how they are assessed and potential career pathways



Key Stage 4 subjects

All students take:

- GCSE English literature
- GCSE English language
- GCSE Mathematics
- GCSEs in combined science or triple science
- GCSE French or another language, GCSE Geography or GCSE History
- LIFE (Non-examination)
- PE (Non-examination)



In addition, students take 3 subjects from the following list:

- GCSEs:
 - Fine art
 - Business
 - Computer science
 - Dance
 - Design and Technology
 - Drama
 - Further maths
 - Geography
 - German
 - History
 - ICT
 - Media Studies
 - Music
 - Philosophy
 - Photography
 - Physical Education
 - Spanish
 - Statistics Textiles
- Vocational Subjects:
 - Graphic Design
 - Construction
 - Hair and Beauty
 - Hospitality and Catering



Work Experience

Students undertake a one-week period of work experience in year 10. They are encouraged to try and find a placement in an industry that they may enjoy working in in the future. This is a great opportunity for students to get a taste of what the world of work is like and to find out more about an industry they might be interested in.



Sixth Form Open Evening (Autumn term Year 11)

An opportunity to speak directly to subject teachers to find out about the different courses available at XXXX sixth form. They will be able to provide you information on:

- Qualification obtained
- Content covered
- Method of assessment
- Future career pathways



Post -16 information evening (Autumn term Year 11)

An opportunity to find out more about the options available to students after they have completed their Key Stage 4 Qualifications. This will include information on the different types of qualifications available as well as next steps.



Opportunities at 13+ Evening (Summer Term Year 12)

An opportunity to find out more about the different pathways available to your young person after they have completed their Key Stage 5 studies. This will include information on purely academic routes as well blended or more vocational routes.

Section 3

SPARK ACTIVITIES

This section contains a number of activities designed to support parents/carers to be able to have meaningful conversations with their children around the topic of 'careers'. This section and the following section can be used in a number of different ways.

1 Which Animal Are You?

A quiz for parents/carers and their young people. How similar or different are you?

You have to take part in a group project at work/school. Do you:

- A.** Take an active part because you've been told to and are respectful towards other people's contributions, but you partly wish you could just do it on your own as you don't trust others to produce good work.
- B.** Look forward to the idea of working with new people and learning about new information.
- C.** Wish you could just do it on your own, group work is not your thing.
- D.** Look forward to leading your group to produce the best work.
- E.** Look forward to completing the project but also to having some fun with your group.

1

Your friends suggest a night camping. Do you:

- A.** Look forward to having a great night with your friends, it's not important what the activity is.
- B.** Look forward to a good catch up around the camp fire, you've got some good stories to share about some people they might now.
- C.** Look forward to the camping aspect, but you'll be taking your own tent – you prefer to sleep on your own.
- D.** Plan lots of fun activities for everyone. They may not like the sound of them at first, but they'll soon find them fun!
- E.** Get planning some great pranks to play on people – night-time is the best time for pranking!

2

1 Which Animal Are You?



Your friend has invited you to a film you don't want to see. Do you:

- A.** Go anyway, you might end up liking the film and it was nice of your friend to invite you.
- B.** Wonder why your friend has invited you to this film, they know you don't want to see it.
- C.** Politely decline the invitation.
- D.** Suggest seeing a film that you want to see instead.
- E.** Go to see the film – popcorn fights are really fun!

3



If you could live anywhere, where would you live?

- A.** Somewhere there is lots of people to talk to.
- B.** Somewhere I can be free to roam and explore.
- C.** Somewhere I can have time and space to myself.
- D.** Somewhere I can be in charge of lots of people.
- E.** Somewhere I can have lots of fun.

4



1 Which Animal Are You?

How do you feel about spending time alone?

- A. I'm fine with it, but I like to spend time with others too.
- B. I don't really have an opinion on spending time alone – I guess it's fine?
- C. I love it!
- D. This sounds awful.
- E. I'm fine with it, I can still have fun by myself.

5

If you face a problem in life, what's the first thing you do?

- A. I might ask other people for advice, but you can't always trust what they say.
- B. Weigh up the options and decide on the best one.
- C. Figure it out for myself.
- D. Do what's best for me, regardless of how it affects other people.
- E. Think about the problem and try to find a creative solution.

6

1 Which Animal Are You?



Mostly **As** – Lion

Lions have an appetite for freedom and live their lives guided by their instincts. Lions value and know the importance of social interactions. However, Lions sometimes find it hard to trust others or themselves.



Mostly **Bs** – Chimpanzee

Chimpanzees have strong intuition when it comes to other people's motives – they are often able to see through a person's deceiving appearances and recognise a person's true intentions. Chimpanzees like to explore the unknown and are usually good at making decisions. However, Chimpanzees are not always very good at keeping other people's secrets.

Mostly **Cs** – Crocodile



Crocodiles are strong and confident. They are able to stand up to adversity and have no problem taking a leading role in this. However, crocodiles can also be loners. Although they are happy in their own company, they don't always integrate into groups.

Mostly **Ds** – Eagle



Eagles avoid distractions and focus on the task in hand. They are able to lead and influence others. However, because Eagles so naturally take the leadership role, they sometimes don't pay attention to the wants and needs of other people.

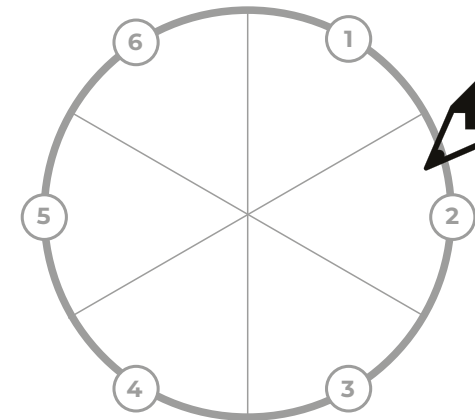
Mostly **Es** – Dolphin



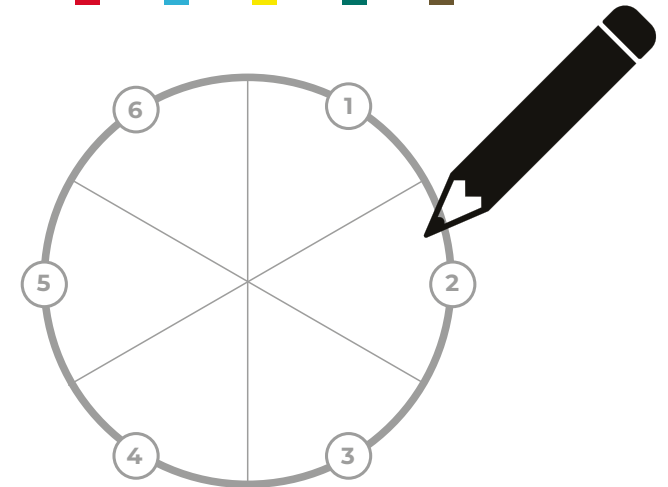
Dolphins are funny and quick-witted. They are great at problem solving, particularly when the best solution isn't the most obvious one. However, they can be cunning or mischievous, which sometimes gets them into trouble.

Colour in each section of the pie chart according to your answer. E.g. if for question 1 you answered 'A', colour in section 1 Red.

Is your pie chart mostly one colour or a mixture?



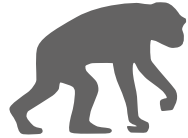
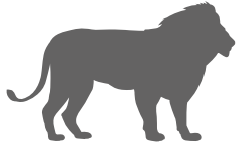
A = ■ B = ■ C = ■ D = ■ E = ■



A = ■ B = ■ C = ■ D = ■ E = ■

What does your mum/dad/carer's pie chart look like?

2 Animals and Skills Activity



1

Find out which animal you are by completing the quiz on pages 17-20.

2

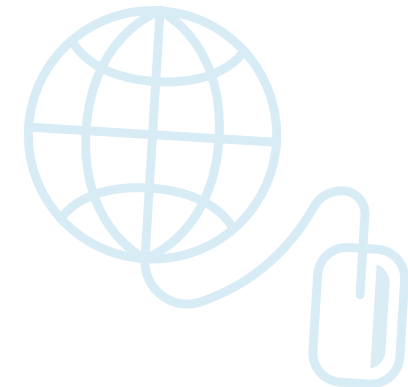
Have a think about which of the sectors you might be interested in working in. You can find out more information about the different sectors by using the links in section 4 - exploration tools in this booklet.

3






For your anima(s), look at the skills you might have that are useful, and the skills you might need to work on.

4

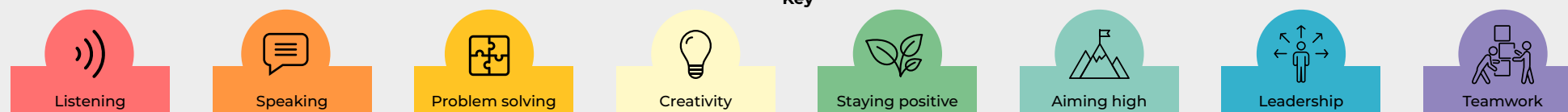
Go to the Skills Builder website www.skillsbuilder.org/universal-framework/listening and complete the activities to improve any skills that you might need to work on.



2 Animals and Skills Activity






											
Sector	Job examples	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on
Accountancy, banking and finance	<ul style="list-style-type: none"> Accountant Investment Banker Insurance claims Handler 	Listening critically is important in this sector.	Implementing strategic plans is something you might want to work on.	Implementing strategic plans is important in this sector.	Developing long term strategies is something you might want to work on.	Developing long term strategies is important for this sector.	Listening critically is something you might want to work on.	Implementing strategic plans is important in this sector.	Listening critically is something you might want to work on.	Implementing strategic plans is important in this sector.	Listening critically is something you might want to work on.
Business consulting and management	<ul style="list-style-type: none"> Business Analyst Economist Office Manager 	Speaking adaptively and influentially is important in this sector.	Managing and supporting others is something you might want to work on.	Demonstrating listening is important in this sector.	Speaking adaptively and influentially is something you might want to work on.	Developing long term strategies is important for this sector.	Speaking adaptively and influentially is something you might want to work on.	Developing long term strategies is important for this sector.	Demonstrating listening is something you might want to work on.	Influencing a team is important in this sector.	Managing and supporting others is something you might want to work on.
Charity and voluntary work	<ul style="list-style-type: none"> Charity Fundraiser Community Education Officer International Aid/ Development Worker 	Speaking adaptively and influentially is important in this sector.	Imagining and developing ideas is something you might want to work on.	Finding opportunities is important in this sector.	Working well with others is something you might want to work on.	Finding opportunities is important in this sector.	Imagining and developing ideas is something you might want to work on.	Speaking engagingly is important in this sector.	Finding opportunities is something you might want to work on.	Imagining and developing ideas is important in this sector.	Speaking engagingly is something you might want to work on.
Creative arts and design	<ul style="list-style-type: none"> Game Designer Make-up Artist Art Therapist 	Demonstrating listening is important in this sector.	Using creativity and developing ideas is something you might want to work on.	Using creativity and developing ideas is important in this sector.	Working well with others is something you might want to work on.	Creating plans is important for this sector.	Using creativity and developing ideas is something you might want to work on.	Creating plans is important for this sector.	Demonstrating listening is something you might want to work on.	Using creativity and developing ideas is important in this sector.	Creating plans is something you might want to work on.

Key

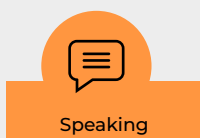
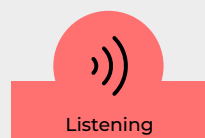


2






Animals and Skills Activity

											
Sector	Job examples	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on
Energy and Utilities	<ul style="list-style-type: none"> Energy Engineer Geoscientist Mudlogger 	Listening to others is important in this sector.	Analysing complex problems is something you might want to work on.	Analysing complex problems and skills is important in this sector.	Working well with others is something you might want to work on.	Analysing complex problems and skills is important in this sector.	Innovating effectively is something you might want to work on.	Analysing complex problems and skills is important in this sector.	Working well with others is something you might want to work on.	Working well with others is important in this sector.	Listening to others is something you might want to work on.
Engineering and manufacturing	<ul style="list-style-type: none"> CAD Technician Technical Brewer Manufacturing Engineer 	Speaking adaptively and influentially is important in this sector.	Managing tasks is something you might want to work on.	Implementing strategic plans is important in this sector.	Working well with others is something you might want to work on.	Managing tasks is important in this sector.	Speaking clearly and effectively is something you might want to work on.	Speaking clearly and effectively is important in this sector.	Working well with others is something you might want to work on.	Working well with others is important in this sector.	Listening to others is something you might want to work on.
Environment and Agriculture	<ul style="list-style-type: none"> Land Based Engineer Quarry Manager Animal Nutritionist 	Speaking clearly and effectively is important in this sector.	Managing tasks is something you might want to work on.	Exploring problems is important in this sector.	Working well with others is something you might want to work on.	Exploring problems is important in this sector.	Speaking clearly and effectively is something you might want to work on.	Managing tasks is important in this sector.	Demonstrating listening is something you might want to work on.	Exploring problems is important in this sector.	Speaking clearly and effectively is something you might want to work on.
Healthcare	<ul style="list-style-type: none"> Doctor Nurse Health Care Assistant 	Speaking adaptively is important in this sector.	Contributing to a group is something you might want to work on.	Analysing complex problems and solutions is important in this sector.	Contributing to a group is something you might want to work on.	Supporting others to stay positive is important in this sector.	Speaking adaptively is something you might want to work on.	Creating plans is important for this sector.	Listening critically is something you might want to work on.	Analysing complex problems and solutions is important in this sector.	Listening critically is something you might want to work on.

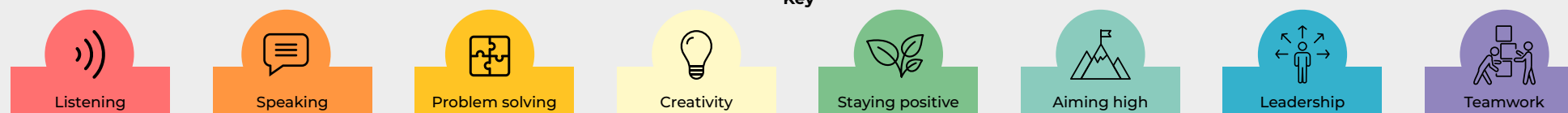
Key



2 Animals and Skills Activity





											
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Hospitality and Events Management	<ul style="list-style-type: none"> • Pub Manager • Chef • Events Manager 	Speaking clearly and effectively is important in this sector.	Managing tasks is something you might want to work on.	Using creativity and developing ideas is important in this sector.	Improving a team is something you might want to work on.	Finding opportunities is important in this sector.	Demonstrating listening is something you might want to work on.	Setting goals is important for this sector.	Demonstrating listening is something you might want to work on.	Improving a team is important in this sector.	Setting goals is something you might want to work on.
Information Technology	<ul style="list-style-type: none"> • Cyber Security Analyst • Game Developer • Web Developer 	Demonstrating listening is important in this sector.	Innovating effectively is something you might want to work on.	Innovating effectively is important in this sector.	Creating plans is something you might want to work on.	Exploring problems is important in this sector.	Innovating effectively is something you might want to work on.	Exploring problems is important in this sector.	Demonstrating listening is something you might want to work on.	Innovating effectively is important in this sector.	Demonstrating listening is something you might want to work on.
Law	<ul style="list-style-type: none"> • Paralegal • Coroner • Solicitor 	Speaking influentially is important in this sector.	Analysing complex problems is something you might want to work on.	Analysing complex problems and solutions is important in this sector.	Managing and supporting others is something you might want to work on.	Managing and supporting others is important in this sector.	Speaking influentially is something you might want to work on.	Managing and supporting others is important in this sector.	Listening critically is something you might want to work on.	Analysing complex problems and solutions is important in this sector.	Managing and supporting others is something you might want to work on.
Law Enforcement and Security	<ul style="list-style-type: none"> • Armed Forces • Emergency Services • Bomb Disposal Technician 	Speaking clearly and effectively is important in this sector.	Contributing to a group is something you might want to work on.	Managing risks and rewards is important in this sector.	Contributing to a group is something you might want to work on.	Understanding emotions is important in this sector.	Contributing to a group is something you might want to work on.	Understanding emotions is important in this sector.	Managing risks and rewards is something you might want to work on.	Contributing to a group is something you might want to work on.	Speaking clearly and effectively is something you might want to work on.

Key

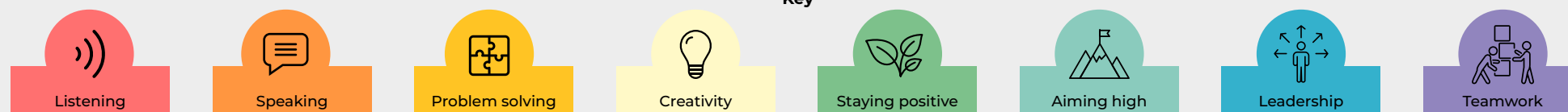


2




Animals and Skills Activity

											
Sector	Job examples	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on
Leisure, Sport and Tourism	<ul style="list-style-type: none"> Holiday Rep Theme Park Manager Sports Coach 	Finding opportunities is important in this sector.	Managing tasks is something you might want to work on.	Demonstrating listening is important in this sector.	Improving a team is something you might want to work on.	Finding opportunities is important in this sector.	Improving a team is something you might want to work on.	Speaking engagingly is important in this sector.	Finding opportunities is something you might want to work on.	Finding opportunities is important in this sector.	Demonstrating listening is something you might want to work on.
Marketing, Advertising and PR	<ul style="list-style-type: none"> Social Media Manager Advertising Copywriter Market Researcher 	Managing risks and rewards is important in this sector.	Using creativity and developing ideas is something you might want to work on.	Using creativity and developing ideas is important in this sector.	Developing long term strategies is something you might want to work on.	Developing long term strategies is important for this sector.	Using creativity and developing ideas is something you might want to work on.	Developing long term strategies is important for this sector.	Managing risks and rewards is something you might want to work on.	Using creativity and developing ideas is important in this sector.	Demonstrating listening is something you might want to work on.
Media and Internet	<ul style="list-style-type: none"> Broadcaster Runner Producer 	Recognising influence is important in this sector.	Influencing a team is something you might want to work on.	Finding opportunities is important in this sector.	Influencing a team is something you might want to work on.	Finding opportunities is important in this sector.	Recognising influence is something you might want to work on.	Speaking engagingly is important in this sector.	Recognising influence is something you might want to work on.	Influencing a team is important in this sector.	Recognising influence is something you might want to work on.
Property and Construction	<ul style="list-style-type: none"> Building Surveyor Urban Designer Construction Manager 	Creating plans is important in this sector.	Exploring problems is something you might want to work on.	Exploring problems is important in this sector.	Working well with others is something you might want to work on.	Exploring problems is important in this sector.	Innovating effectively is something you might want to work on.	Creating plans is important in this sector.	Demonstrating listening is something you might want to work on.	Working well with others is important in this sector.	Creating plans is something you might want to work on.

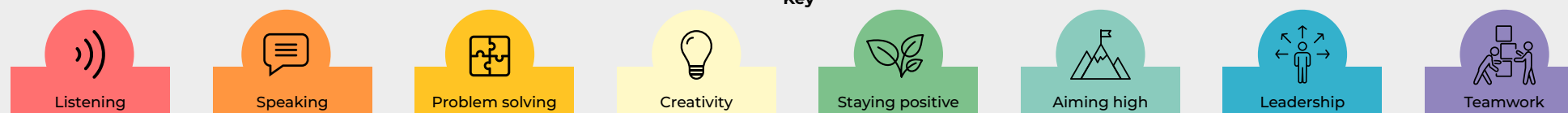
Key



2 Animals and Skills Activity






											
Sector	Job examples	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on
Public Services and Administration	<ul style="list-style-type: none"> Local Government Officer Policy Officer Intelligence Analyst 	Recognising influence is important in this sector.	Exploring problems is something you might want to work on.	Exploring problems is important in this sector.	Influencing a team is something you might want to work on.	Exploring problems is important in this sector.	Recognising influence is something you might want to work on.	Developing long term strategies is important for this sector.	Influencing a team is something you might want to work on.	Influencing a team is important in this sector.	Developing long term strategies is something you might want to work on.
Recruitment and HR	<ul style="list-style-type: none"> Recruitment Consultant Training and Development Officer Occupational Psychologist 	Setting goals is important in this sector.	Imagining and developing ideas is something you might want to work on.	Imagining and generating ideas is important in this sector.	Setting goals is something you might want to work on.	Finding opportunities is important in this sector.	Contributing to a group is something you might want to work on.	Setting goals is important for this sector.	Demonstrating listening is something you might want to work on.	Imagining and generating ideas is important in this sector.	Demonstrating listening is something you might want to work on.
Retail	<ul style="list-style-type: none"> Retail Buyer Customer Service Manager Warehouse Manager 	Demonstrating listening is important in this sector.	Adaptive leadership is something you might want to work on.	Demonstrating listening is important in this sector.	Improving a team is something you might want to work on.	Setting goals is important for this sector.	Improving a team is something you might want to work on.	Adaptive leadership is important in this sector.	Improving a team is something you might want to work on.	Improving a team is important in this sector.	Setting goals is something you might want to work on.
Sales	<ul style="list-style-type: none"> Estate Agent Call Centre Manager Sales Executive 	Speaking influentially is important in this sector.	Working well with others is something you might want to work on.	Demonstrating listening is important in this sector.	Speaking influentially is something you might want to work on.	Setting goals is important for this sector.	Speaking influentially is something you might want to work on.	Speaking influentially is important in this sector.	Demonstrating listening is something you might want to work on.	Working well with others is important in this sector.	Speaking influentially is something you might want to work on.

Key

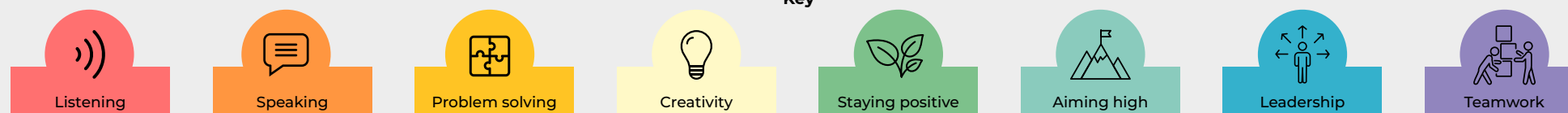


2

Animals and Skills Activity

											
Sector	Job examples	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on	A skill you might have that's useful	A skill you might need to work on
Science and Pharmaceuticals	<ul style="list-style-type: none"> Clinical Scientist Animal Technician Crime Scene Investigator 	Creating plans is important in this sector.	Innovating effectively is something you might want to work on.	Innovating effectively is important in this sector.	Creating plans is something you might want to work on.	Creating plans is important in this sector.	Innovating effectively is something you might want to work on.	Analysing complex problems and skills is important in this sector.	Innovating effectively is something you might want to work on.	Analysing complex problems and skills is important in this sector.	Creating plans is something you might want to work on.
Social Care	<ul style="list-style-type: none"> Play Therapist Family Support Worker Counsellor 	Supporting others to stay positive is important in this sector.	Implementing strategic plans is something you might want to work on.	Implementing strategic plans is important in this sector.	Developing long term strategies is something you might want to work on.	Supporting others to stay positive is important in this sector.	Influencing a team is something you might want to work on.	Implementing strategic plans is important in this sector.	Supporting others to stay positive is something you might want to work on.	Implementing strategic plans is important in this sector.	Demonstrating listening is something you might want to work on.
Teacher Training and Education	<ul style="list-style-type: none"> Teacher Education Welfare Officer Careers Advisor 	Developing long term strategies is important in this sector.	Supporting others to innovate is something you might want to work on.	Supporting others to innovate is important in this sector.	Speaking engagingly and adaptively is something you might want to work on.	Developing long term strategies is important in this sector.	Speaking engagingly and adaptively is something you might want to work on.	Developing long term strategies is important in this sector.	Demonstrating listening is something you might want to work on.	Supporting others to innovate is important in this sector.	Developing long term strategies is something you might want to work on.
Transport and Logistic	<ul style="list-style-type: none"> Air Cabin Crew Supply Chain Manager Maintenance Engineer 	Demonstrating listening is important in this sector.	Working well with others is something you might want to work on.	Finding opportunities is important in this sector.	Working well with others is something you might want to work on.	Finding opportunities is important in this sector.	Demonstrating listening is something you might want to work on.	Exploring problems is important in this sector.	Working well with others is something you might want to work on.	Exploring problems is important in this sector.	Demonstrating listening is something you might want to work on.

Key



3

How well do you know your family member?

Quiz each other!

Section 1:

Read out the questions and both young people and parents/carers write their answers down in secret. You should also write down how you think the other person answered.

Once you've finished, go through each answer and see how well you really know each other! To make it more interesting, you can decide on a prize for the winner.



Questions	My answer	What I think their answer will be
1. What is your favourite TV show?		
2. What is your favourite food?		
3. Name something you hate doing.		
4. What is your favourite singer/band/song?		
5. Do you have a nickname for you?		
6. What is your favourite colour?		
7. What is your favourite item of clothing?		
8. What is something you do that you wish you wouldn't do?		
9. What is your favourite type of cake?		
10. What is your favourite animal?		
11. What would you spend all day doing if you could?		
12. Where would you love to go on holiday?		

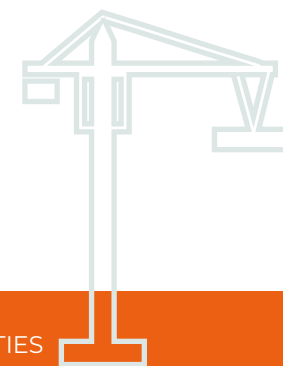
3

How well do you know your family member?

Section 2:
for young people to ask their
parent/carers:



Questions	Answer
1. What was your favourite subject at school and why?	
2. What was your least favourite subject at school and why?	
3. What job did you want to do when you were my age?	
4. What do you like about the job you do?	
5. What would your boss say you're good at?	
6. What job would you hate to be doing and why?	
7. Did you know what you wanted after leaving school and what options you had?	



3

How well do you know your family member?

Section 3:

for parents/carers to
ask young people:



Questions	Answer
1. What is your favourite subject at school and why?	
2. What is your worst subject at school and why?	
3. What would be your dream job when you are my age?	
4. Why would that be your dream job?	
5. What would your form tutor say you're good at?	
6. What job would you hate to do and why?	
7. What ideas do you have for when you leave school?	

**Things to
think about:**

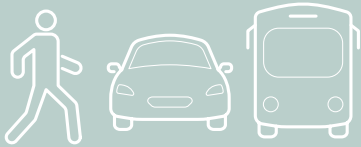
**What areas are
you similar to your
young person?**

**What areas are you
different to your
young person?**

4

Conversation starters/activities

Conversation starters



Journey (car/walking/public transport)



Meal times



Rainy day

1. Who's got the best job in the world?

- a. Why is it the best job?
- b. How did they get to do that job?
- c. What qualities do you have that would make you good at that job?

2. Who's got the least attractive job in the world?

- a. Why is it the worst job?
- b. Why wouldn't you be good at that job?

1. What is your dream job?

- a. Why is it your dream job?
- b. What skills and qualifications would you need to do that job?

(can look this up on the internet if you have access)

2. What are your favourite things to do?

- a. What jobs use those things?

4

Conversation starters/activities

Activities



Journey (car/walking/public transport)

1. Alphabet game – think of a career for every letter of the alphabet.

2. Pick a workspace in the local area/that you've walked past on the way to somewhere/or just randomly (e.g. hospital, office, swimming pool etc) and try and think of all the different job roles within that workspace.



Meal times

1. Who Am I? 1 person thinks of a person that all the people playing know. The other people are only allowed to ask yes/no questions about their job, until they can guess who the person is.



Rainy day

1. Careers charades – 1 person acts out a career and the other person/people have to try and guess what it is.

2. Draw/collect pictures (could be on a phone/tablet/computer) of items related to a job role. The other person/people have to try and guess the job role.

5

Design Your Career

Think about you in the future
– what kind of career will you have?

Draw a picture of or discuss your
future working self. Think about:



4. Will you be
working in the
UK or somewhere
overseas or both?

1. Where will you
be working?
Outdoors? In an
office? In a shop?

2. What will you be
doing?

3. How much
money will you be
making?

9. Will you need any
specific skills?

8. Will you be using
your favourite
school subject?

7. Will you need to
use any specific
tools?

5. Will you be
working mostly
alone or with
other people?

6. Will you have a
boss or will you be
the boss?

10. What will you
be wearing? A
uniform? Office
clothes?

11. How does this job
make you feel?

6 Find Someone who...

Encourage your young person to talk to the adults in their life and find someone who:

1. Has done the same job all their life
2. Is doing the job they dreamed of doing when they were younger
3. Has worked in at least 3 different industries
4. Went to University
5. Went travelling around the world for 3 months or longer
6. Works part time

7. Either is or has worked while they studied
8. Studied for a qualification after they had been working for at least 5 years
9. Gained a vocational/technical qualification that trained them for a specific job
10. Started their own business or took over the family business.
11. Has worked abroad
12. Started working as soon as they finished school (16-19).

Questions to ask these people:

What do they like about this?

What do they dislike about this?

Do they have any advice?

Is there anything they wish they had done differently?

7

Ranking Game

Instructions

1

Cut out the 2 sets of cards "Set 1: Job Sectors and Set 2: Subject Activities" on pages 40-49



2

Place the cards face down and take it in turns to pick 4 cards at random (either just from set 1, just from set 2 or a mixture of both)

3

Rank the cards in order of preference (1 being your favourite, 4 being your least favourite). Write this order down without revealing it to your partner

4

Your partner has to guess your order of preference

4

Use the resources in section 4 to explore these job sectors and subjects further

7

Ranking Game

Please cut out
the individual
cards on pages
40-49

Set 1 – Job sectors

**Accountancy Banking
and Finance**

*This sector contains job roles in
accounting, banking, finance,
insurance, investments, pensions,
and tax.*

Set 2 – Subject activities

Creating something new

Subjects to explore:

- Art
- Drama
- Music
- DT
- Media
- Photography
- English

7

Ranking Game

Set 1 – Job sectors

Accountancy Banking and Finance

This sector contains job roles in accounting, banking, finance, insurance, investments, pensions, and tax.

Business, Consulting and Management

Whether you've got aspirations to become a manager, forge a career in consultancy or find a fast-paced role in business management, this sector is home to a variety of careers.

Charity and Voluntary Work

If you'd like to work for an organisation that positively impacts society and influences real change a career in the charity and voluntary sector could be for you.

Creative Arts and Design

This sector contains job roles in advertising, cultural heritage, design, fashion, film, TV, music, publishing and video games.

Energy and Utilities

Whether you're interested in the oil and gas industry, renewable energy or nuclear power, a career in energy and utilities puts you at the heart of one of the UK's most important and innovative job sectors, in roles ranging from engineering to consultancy.

Engineering and Manufacturing

There's high demand for people to work in this fast-paced sector, which could see you working anywhere from buildings in your local community to space aircraft in aerospace engineering.

Environment and Agriculture

Careers in the environmental sector can be split into two groups:

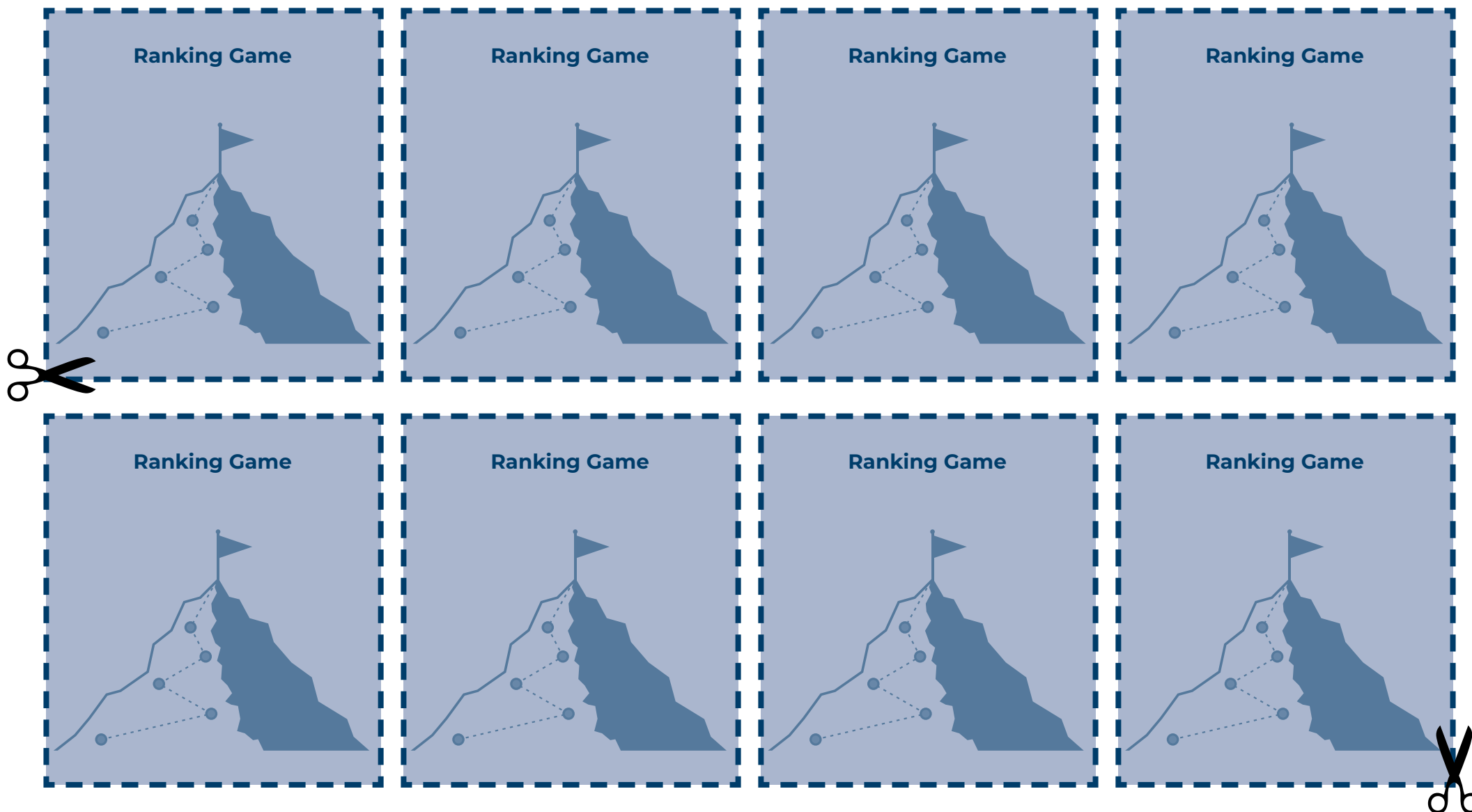
- Environment - air quality, conservation, corporate social responsibility (CSR), environmental assessment, environmental science, sustainable development, waste management and water quality
- Agriculture - crops and livestock.

Healthcare

You can make a real and positive difference to people's lives by pursuing a career in the NHS or the private sector. To succeed, you'll need to be ready for a challenge and have the skills, qualifications, commitment and compassion that all jobs in healthcare require.

7

Ranking Game



7

Ranking Game

Set 1 – Job sectors

Hospitality and Events Management

If you're great at working with people, a fantastic organiser and love making sure events run smoothly, a career in hospitality could be ideal for you.

Information Technology

The IT sector is constantly changing with developments and advancements in technology. For most IT careers, you'll require technical know-how as well as an eye for detail, excellent communication and problem-solving skills.

Law

When thinking of law careers, solicitors or barristers are usually the ones spring to mind but they aren't your only options. There are a number of law jobs to choose from.

Law Enforcement and Security

If you want to dedicate your career to protecting and serving your community - for example, in the armed forces, security services, police or prison service - a job in law enforcement and security could be for you.

Leisure Sport and Tourism

Whether you want to work in an entertainment complex, tourist information centre, gym or travel agency the sector has lots to offer

Marketing, Advertising and PR

Elements of marketing, advertising and PR exist in most businesses and across all sectors. Employees help clients to connect with their audiences, promoting brands, products and sending messages using a range of techniques.

Media and Internet

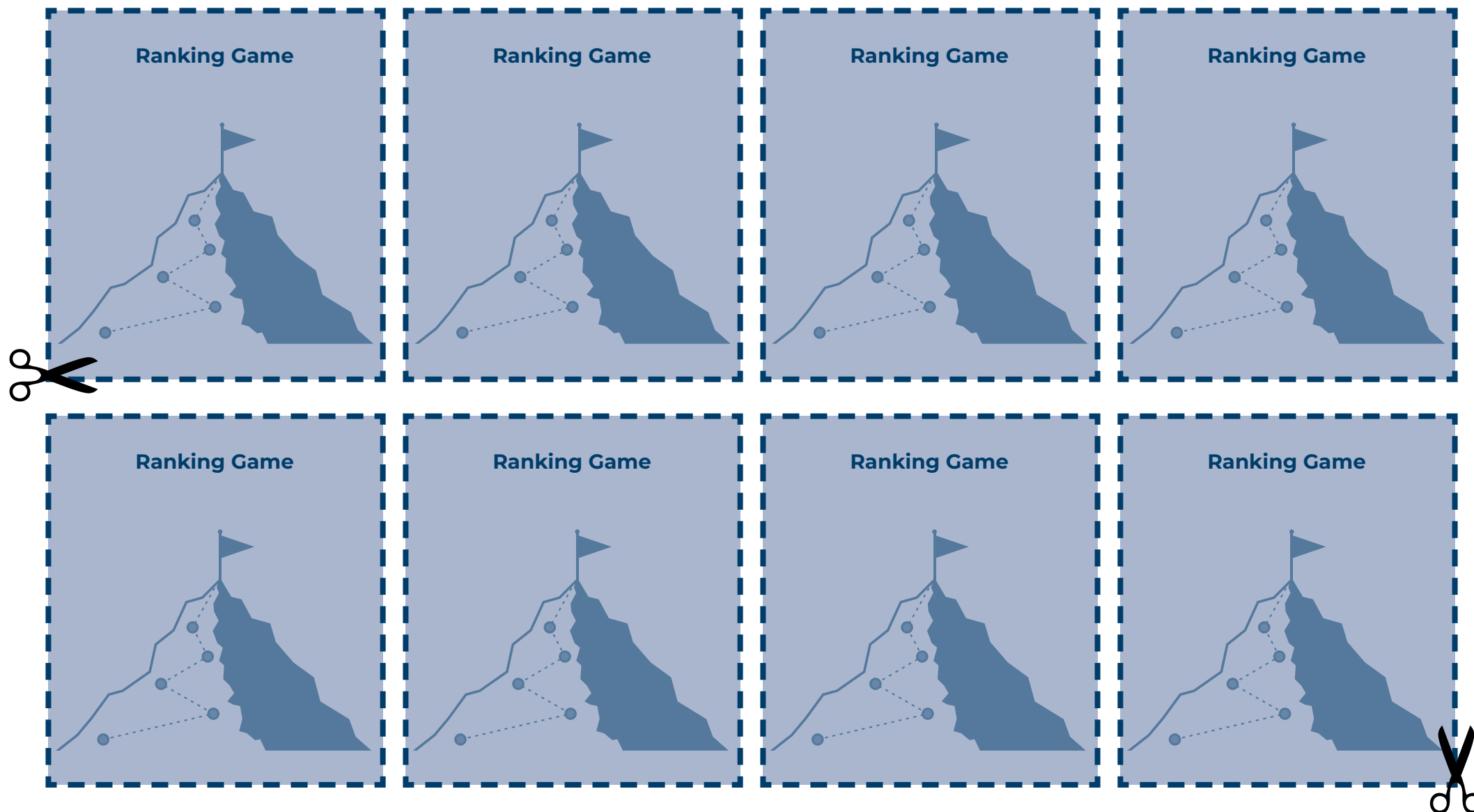
With consumers demanding a constant stream of high-quality content, media companies are investing in digital technologies and a workforce that allows them to compete in this innovative and fast-moving sector

Property and Construction

From designing homes to building and selling them, there's a whole range of property jobs in the construction industry you could pursue.

7

Ranking Game



7

Ranking Game

Set 1 – Job sectors

Public Services and Administration

Public services offer a variety of opportunity, you could work for local or national government, health or social care, education or business administration or in law enforcement

Recruitment and Human Resources

Nearly every type of organisation needs HR staff, so there are opportunities in all sectors.

Retail

There's more to working in the retail industry than you might think. The sector offers a range of retail jobs providing early responsibility and impressive salaries.

Sales

Known as a competitive industry driven by targets, sales has lots of opportunities for skilled people who can sell products and services to clients.

Science and Pharmaceuticals

Science and pharmaceutical jobs are available in a variety of disciplines from research and development, clinical trials and medical sales to forensic science, pharmacy and science writing.

Social Care

A career in social services, whether you work for the NHS, in schools, charities or for local authorities, will require emotional resilience, patience and a passion for helping others.

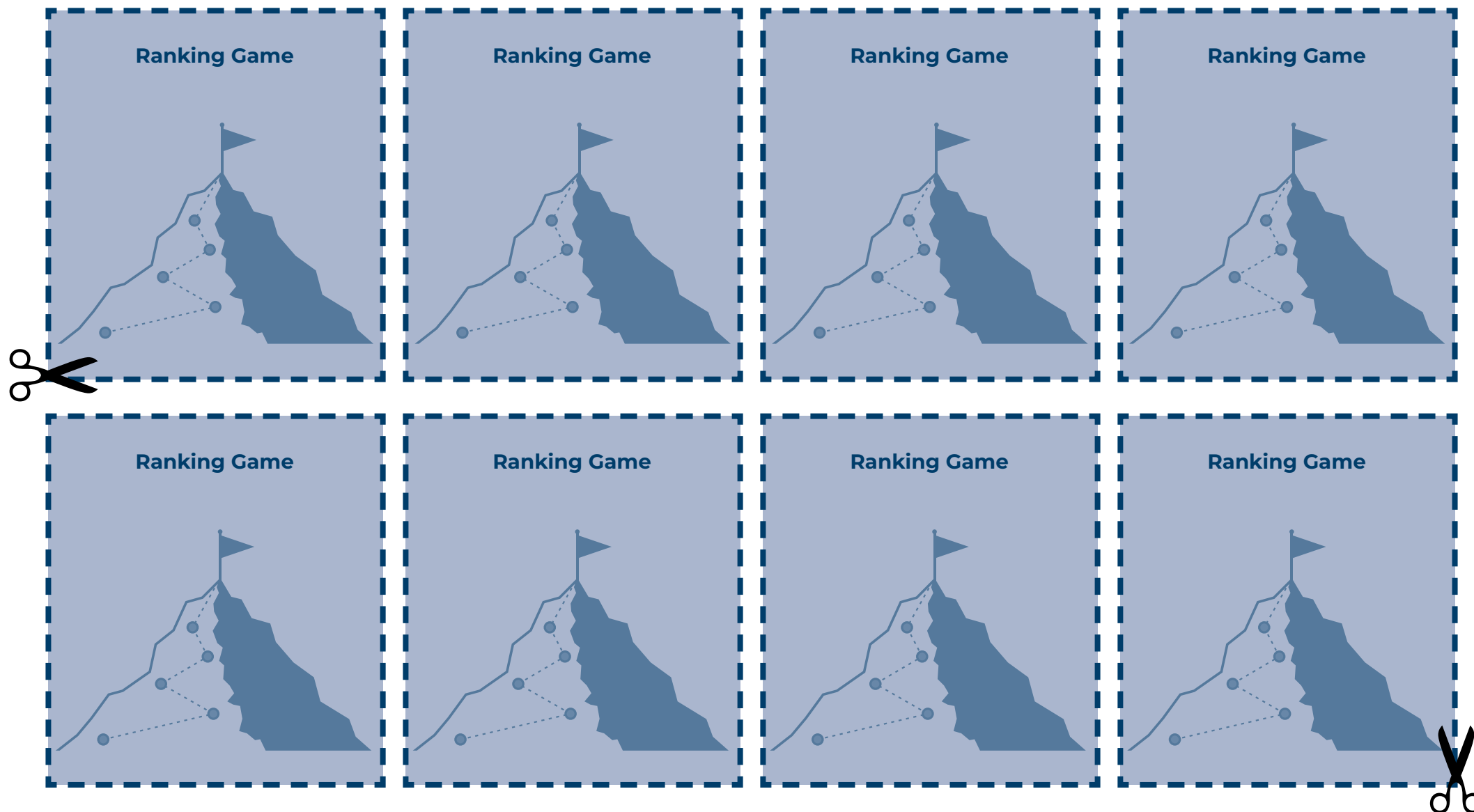
Teaching and Education

Working in education can be incredibly rewarding and there are a number of teacher training routes you can take, including the PGCE. You can get into early years, primary, and secondary school teaching with any degree, and if you want to teach an in-demand subject you may be eligible for a bursary.

Transport and Logistics

There's more to the transport sector than road, rail, air and water networks. It also incorporates logistics, supply chain, vehicle manufacturing, transport planning and traffic management

7 Ranking Game



7

Ranking Game

Set 2 – Subject activities

Creating something new*Subjects to explore:*

- Art
- Drama
- Music
- DT
- Media
- Photography
- English

Public speaking*Subjects to explore:*

- Drama
- English
- History
- Law
- Politics

Discussion and debate*Subjects to explore:*

- English
- History
- Law
- Psychology
- Philosophy
- Citizenship
- Science

Speaking and listening*Subjects to explore:*

- MfL
- English
- Geography
- History
- Politics
- Citizenship
- Science
- Psychology
- Sociology

Critical thinking*Subjects to explore:*

- Geography
- History
- Philosophy
- Citizenship
- Religious studies
- Science
- Maths
- Psychology

Research*Subjects to explore:*

- History
- Science
- Geography
- Psychology
- Maths

Analysis (looking at something in detail)*Subjects to explore:*

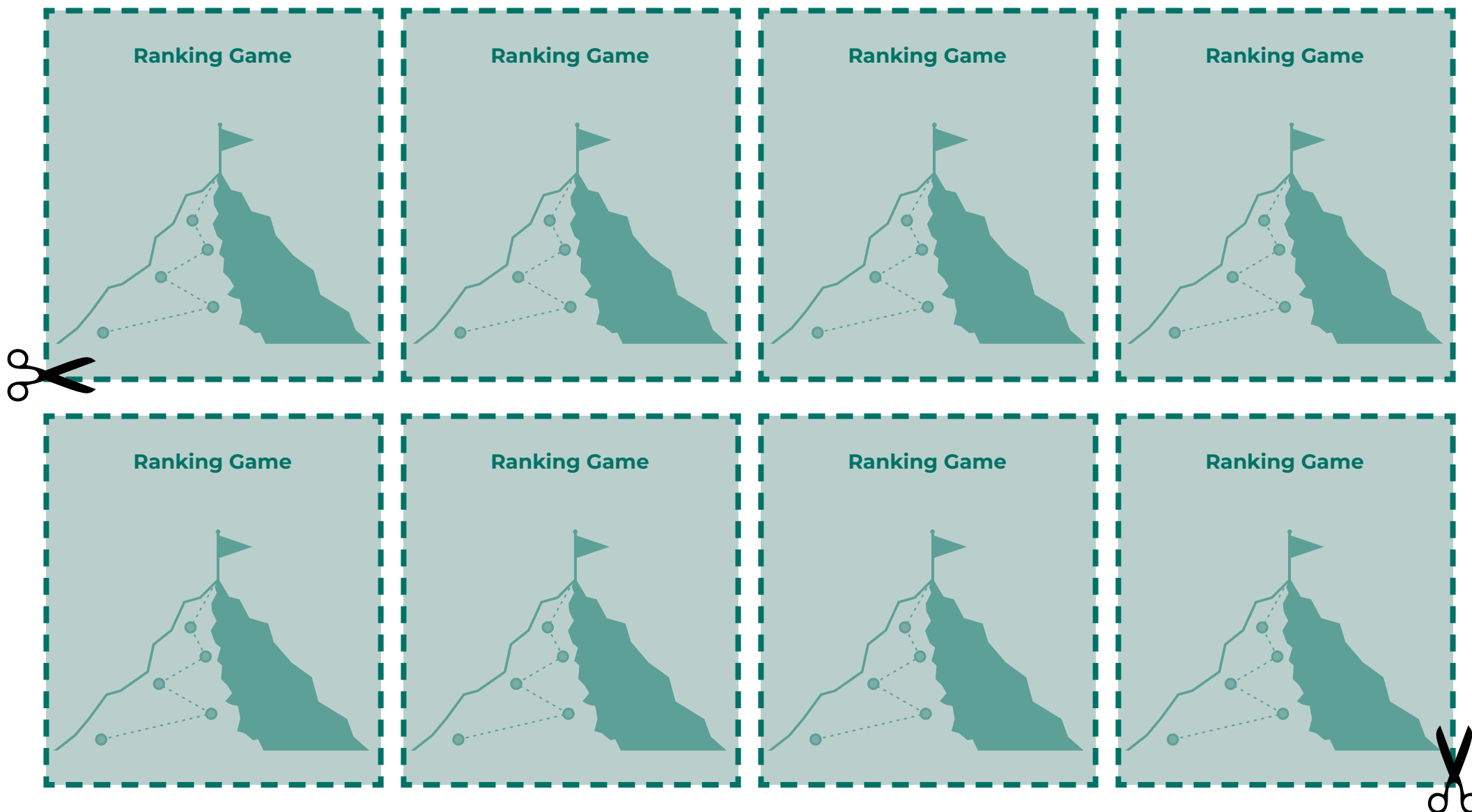
- Computer Science
- Geography
- Psychology
- Maths
- Science
- Citizenship
- Sociology

Data handling*Subjects to explore:*

- Maths
- Science
- Psychology
- Geography

7

Ranking Game



7

Ranking Game

Set 2 – Subject activities

Problem solving

Subjects to explore:

- PE
- Maths
- Science
- Psychology
- Computer science
- Geography
- DT
- Sociology

Discovering an answer

Subjects to explore:

- Science
- Psychology
- Religious Studies
- Citizenship

Planning

Subjects to explore:

- Technology
- Science
- Maths
- Psychology
- Law
- Geography

Teamwork

Subjects to explore:

- PE
- Drama
- Music
- DT
- Science
- Psychology

Thinking about others

Subjects to explore:

- Citizenship
- Religious studies
- Science
- Psychology
- Sociology

Reading and analysing text

Subjects to explore:

- English
- History
- Politics
- Law

Time management

Subjects to explore:

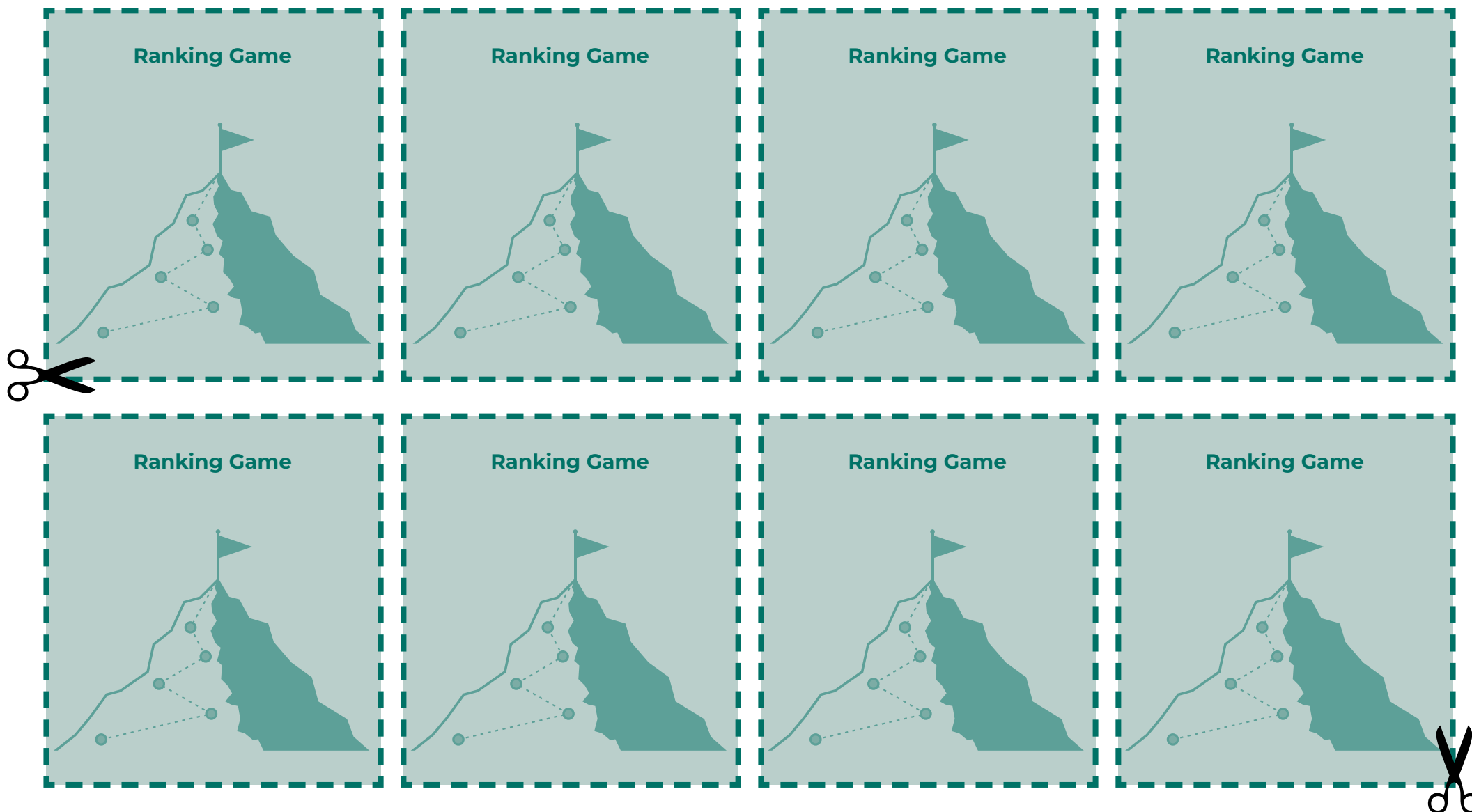
- Music
- DT
- Science

Ranking Game



7

Ranking Game



Section 4

EXPLORATION TOOLS

This section contains a number of different web-based resources to enable parents/carers to continue exploring their young person's interests. It is split into sections that:

- Explore places to visit based on the young person's interests
- List volunteering opportunities
- Explore the young person's favourite school subject(s) and careers associated with this/these
- Explore the young person's interest in specific job sector(s)

Exploration Tools

Use these tools to explore favourite subjects, different job sectors, places to visit, volunteering opportunities, labour market information and tips on becoming an entrepreneur with your child.

Has it
changed your
mind about
anything?

Is there
anything here
that surprised
you?

What else
would you like
to know?

What 3 things
you have we
learnt?

Is there a trip
to plan?

Places to Visit

whichmuseum.co.uk – for a directory of all museums in all parts of England. It includes up to date information on specific exhibitions as well useful information on discounts and passes.

museums.co.uk – for a different directory of museums in the UK. This website allows you to search for museums by category, so you can think of something you'd like to learn more about and find a museum that will help you.

visitengland.com – for the official tourist board of England. They have lots of information about all the different things going on in England.

visitengland.com – for up to date information on all the free things going on in England. You can filter by geographical region, activity type and season.

rigb.org – for information on science, maths and technology based activities that are suitable for families.

gov.uk – to find out where your nearest library is. If you're not a member then you can sign up and check out books on your favourite subjects. Or they usually have lots of useful information about events and activities going on in your local area.

ukschooltrips.co.uk

Volunteering opportunities

doit.life – Do-it is an internet database of volunteering opportunities, and covers the whole UK. The database can be searched by postcode, type of volunteering activity and type of organisation.

vinspired.com – V-inspired is the UK's leading volunteering charity for 14 - 25 year olds. Vinspired helps young people to make their mark on causes that they care about, whilst learning new skills and talents along the way. Students can search by area and interest, as well as earn credits towards awards. Students can also pitch ideas to get funding to solve problems within their communities.

london.gov.uk – The Mayor of London's volunteering team. Lists volunteering opportunities available all over London. You can search by postcode, London borough, and distance, or search by exploring the difference causes listed on their website.

reachvolunteering.org.uk – a national organisation focused on placing skilled volunteers into placements such as trusteeships.

handsonlondon.org.uk – Volunteering opportunities in London, both regular and flexible roles.

wearencs.com – Volunteering opportunities for 16-17 year olds as part of a group, which includes residential trips to make new friends and build teamwork skills.

Exploring Subjects

General:

You can use this website to type in your favourite subject(s) at school and find out about some careers that use that subject: www.bbc.co.uk

The following websites give general advice and ideas for exploring subjects outside of the classroom:

poolhayes.attrust.org.uk

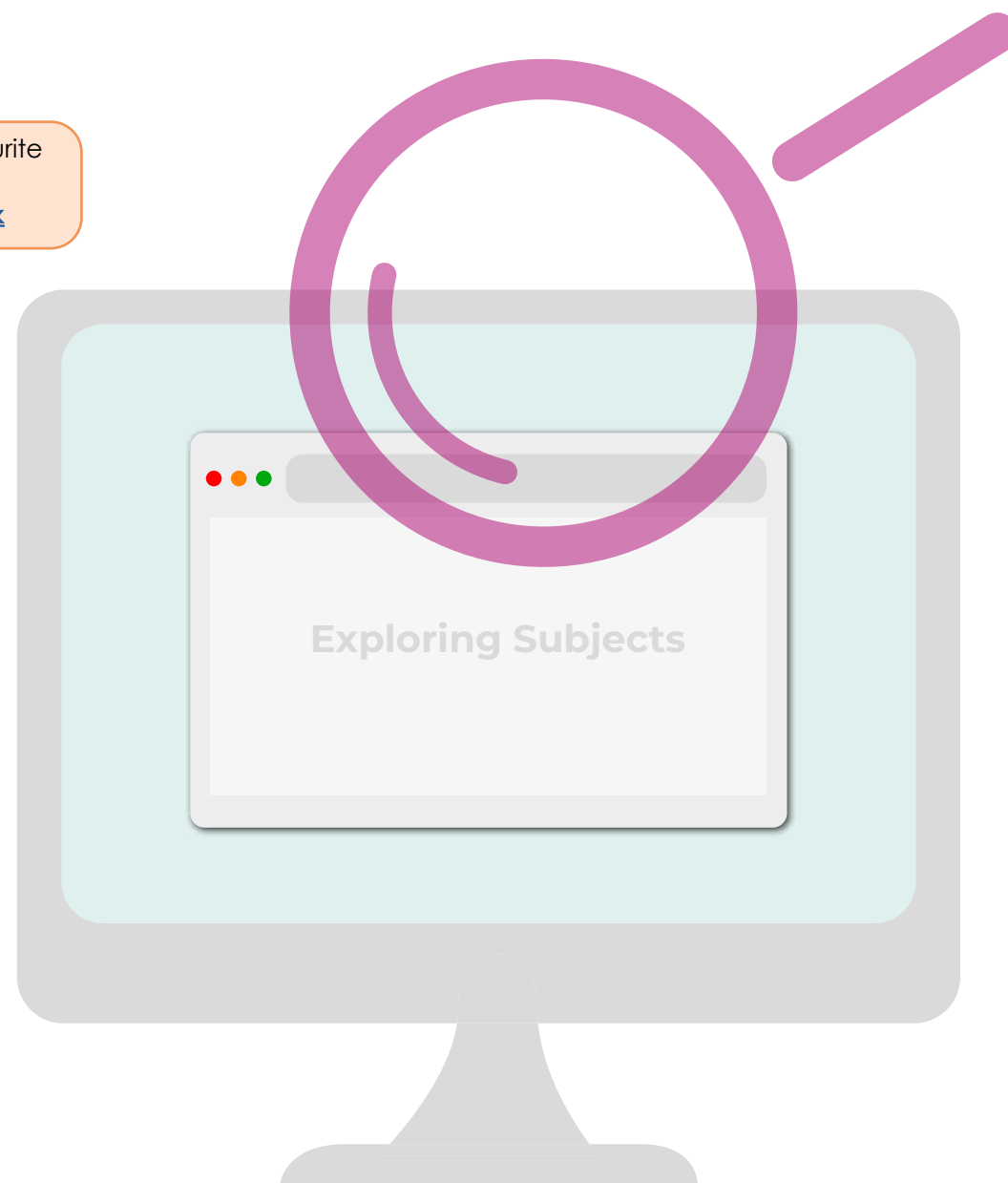
netsixthform.co.uk

ashmoleacademy.org

takeyourplace.ac.uk

everwondered.uea.ac.uk

britishschoolmuscat.com



Exploring Subjects

These websites give ideas for exploring particular subjects outside of the classroom, as well as job roles associated with those subjects:

To explore the subjects click the link below:

Art
Business Studies and economics
Child Development
Design and Technology
Drama
English
Food Technology
Geography
History
ICT

Maths
Media
Modern Foreign Languages
Music
PE
Psychology
Religious Studies
Science
Sociology
Textiles

Exploring Job Sectors

To explore the
job sectors click
the link below:

Accountancy, Banking and Finance
Business Consulting and Management
Charity and Voluntary Work:
Creative Arts and Design
Energy and Utilities
Engineering and Manufacturing
Environment and Agriculture
Healthcare
Hospitality and Events Management
Information Technology
Law
Law Enforcement and Security

The following websites are useful for
finding out more about the different
job sectors:

Leisure, Sport and Tourism
Marketing, Advertising and PR
Media and Internet
Property and Construction
Public Services and Administration
Recruitment and HR
Retail
Sales
Science and Pharmaceuticals
Social Care
Teacher Training and Education
Transport and Logistics

Labour Market Information

The following links are useful for finding out current labour market information:

[careerpilot.org.uk](https://www.careerpilot.org.uk)

[york.ac.uk](https://www.york.ac.uk)

[lmforall.org.uk](https://www.lmforall.org.uk)

[warwick.ac.uk](https://www.warwick.ac.uk)

[nomisweb.co.uk](https://www.nomisweb.co.uk)

How to become an entrepreneur

The following links give some useful information about how to become an entrepreneur:

[learnhowtobecome.org](https://www.learnhowtobecome.org)

[uk.indeed.com](https://www.uk.indeed.com)

[forbes.com](https://www.forbes.com)

[prospects.ac.uk](https://www.prospects.ac.uk)

[reed.co.uk](https://www.reed.co.uk)

Notes

Let's talk about careers

Year 7 Parents & Carers: An interactive guide for exploring potential career routes with your child

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