

# Worksheet 3

## Action Plan

Create a support plan for Susan and Grace. Use the information you extracted from the carers' assessment.  
You must:

1. Consider **at least 1** way their needs might be met
2. Consider **at least 2 action points**, so their needs are met

An example has been done for you.

SUSAN'S WISHES	OUTCOMES <i>Think about what they wish for their lives and what Daniel needs to be self-sufficient</i>	ACTIONS What do the carer, Michelle and Joel, and other people need to do to make Daniel self-sufficient?
Advice about residential care home for Grace, and support for Susan and Grace through the transition.	<i>Grace receives good care.</i>	<i>provide information and advice on finding the most suitable residential care home for Grace.</i>  <i>SCIE 'Find Me Good Care'.</i>  <i>Age UK information sheets.</i>  <i>Social worker to be named contact for Susan to contact with queries during transition.</i>



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Susan is able to continue to support Grace and to be her partner.	<i>Susan continues to have high degree of contact with her partner. Grace and Susan feel supported in their lifestyle choices.</i>	<i>As part of Grace's support plan, Susan would like to include that she can visit regularly and support Grace in the care home, and stay overnight. This will be discussed with Grace in her planning meeting.  Agree with registered manager of chosen care home that Susan is able to visit when she wants and to stay overnight.  Agree with registered manager of chosen care home that Susan and Grace can book the family room during the day.</i>
Fewer demands on Susan, both physically and emotionally.	<i>Less stressed.  Susan feels that she is still doing her best for Grace.</i>	<i>Social worker to provide information about the carers' centre and internet forum for carers, also the LGBT carers' group.</i>
Good communication with the care home	<i>Susan is confident in the care that is provided.</i>	<i>Named person for Susan to talk to at the chosen care home.  Social worker to talk to registered manager of chosen care home about equality issues.</i>



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Susan to regain a sense of own identity other than as a carer.	<p><i>Has time for walks and visits with her nephew.</i></p> <p><i>Has the opportunity to take up interests. Grace is able to carry out some activities without Susan.</i></p>	<p><i>As part of Grace's support plan, consider the activities and social interaction available at the care home.</i></p> <p><i>Susan to talk to Grace about installing wifi in her room so that Grace can access internet – a one-off carer direct payment can be made for this if Grace is in agreement.</i></p>
Family support.	<p><i>Family members able to work together.</i></p>	<p><i>Signpost to assertiveness course via the local women's centre.</i></p> <p><i>Referral to women's centre for advocacy.</i></p>
Financial security, security about housing and future decision-making.	<p><i>Able to remain in their shared home.</i></p> <p><i>Susan has Lasting Power of Attorney if this is Grace's wish.</i></p> <p><i>Susan and Grace have each made a Will.</i></p>	<p><i>Financial assessment team to see Susan and Grace.</i></p> <p><i>Social worker to provide information about financial advisors and arrange a referral for a financial advisor of their choice to visit Susan and Grace.</i></p> <p><i>Social worker to provide information about solicitors and arrange a referral for a solicitor of their choice to visit Susan and Grace.</i></p>

