



My Learning My Future

Where can studying Food and Nutrition take you?

Name: _____

Tutor group: _____

Draw lines to match the ingredients to the food product and then to their correct main nutrients!

Eggs,
Cheese,
Milk

Oranges,
Strawberries,
Blackcurrants

Salmon,
Mushrooms,
Spinach,
Eggs, milk

Cabbage,
Carrots,
Onions,
Mayonnaise

Brown flour,
Yeast,
Salt,
Water

Coleslaw

Salmon Frittata

Cheese Omelette

Brown Bread

Fresh fruit Salad

Fibre &
Carbohydrates

Calcium

Vitamin C

Iron & Protein

Vitamin A
& Calcium

Please research each of the jobs below and write down information about what that job would involve.



Nutritionist



**Street Food
Trader**



**Food Manufacturing
Inspector**



Food Scientist

Please use the [National Careers Service](#) website to help you

Creation of homework task accredited to Wolverley CE Secondary School, Worcestershire Careers hub.