**Y11 Work Experience Virtual sessions** 

Due to Y11 missing their work experience last year we have the following work experience lessons available for your tutor group to complete. **These sessions can be done during DEAR time or Form time as part of PSHE.**

You may decide to watch some generic sessions together – please see schedule below for compulsory modules.

**I would not advise that you watch all sessions as a whole form as some will not be of interest to all students.**

**For optional modules you will need to use a computer room/ book ipads and students will need to bring in their own headphones to listen to the clips.**

**To access the clips please follow the link below:**

<https://classroom.thenational.academy/year-groups/year-10/work-experience>



**This is the home page. You will see each day across the top. There is no need to complete all of the sessions. Please see the list below with recommended compulsory sessions and then optional ones depending on your career interests. The sessions vary in length.**

**\*\*Students will need to complete video tasks in their PSHE books. Please ensure they date the piece of work and label the title of the module.**

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| **Monday** | **Title** | **Video Time** | **Compulsory/ Optional** | **Information/Career** |
| **Lesson 1** | **Introduction** | **10 mins** | **Compulsory** | **Introduction to programme** |
| **Lesson 2** | **Go explore 1** | **30 mins** | **Optional** | **Creative digital, Engineering, Construction** |
| **Lesson 3** | **Go explore 2** | **15 mins** | **Optional** | **Health and Social, Renewables** |
| **Lesson 4** | **Insight into world of work** | **5 mins** | **Compulsory** | **Predictions in world of work** |

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| **Tuesday** | **Title** | **Video Time** | **Compulsory/ Optional** | **Information/Career** |
| **Lesson 1** | **Meet the team**  | **13 mins** | **Optional** | **Jobs in Human resources** |
| **Lesson 2** | **Work life balance** | **7 mins** | **Compulsory** | **Discuss stress and work life balance** |
| **Lesson 3** | **Mental Health and well-being** | **20 mins** | **Optional** | **Coping with stress at work** |
| **Lesson 4** | **Self awareness and reflection** | **10 mins** | **Compulsory** | **What career options would suit you?** |

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| **Wednesday** | **Title** | **Video Time** | **Compulsory/ Optional** | **Information/Career** |
| **Lesson 1** | **Meet the team**  | **15 mins** | **Optional** | **Jobs in Marketing** |
| **Lesson 2** | **Innovation and creative thinking** | **5 mins** | **Compulsory** | **Innovative thinking and continuous improvement** |
| **Lesson 3** | **Marketing campaigns** | **20 mins** | **Optional** | **Understand an effective marketing campaign** |
| **Lesson 4** | **You as a brand** | **10 mins** | **Compulsory** | **How to promote yourself** |

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| **Thursday** | **Title** | **Video Time** | **Compulsory/ Optional** | **Information/Career** |
| **Lesson 1** | **Recruitment** | **15 mins** | **Compulsory** | **Skills employers look for** |
| **Lesson 2** | **HR: Recruitment** | **15 mins** | **Optional** | **How businesses recruit** |
| **Lesson 3** | **Understanding Entrepreneurs** | **10 mins** | **Optional** | **Qualities of enterprising individuals** |
| **Lesson 4** | **Project planning skills** | **5 mins** | **Optional** | **Skills needed to plan projects** |

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| **Friday** | **Title** | **Video Time** | **Compulsory/ Optional** | **Information/Career** |
| **Lesson 1** | **Meet the boss: Leadership** | **15 mins** | **Compulsory** | **What makes an effective leader** |
| **Lesson 2** | **CV creation** | **7 mins** | **Compulsory** | **Key features of a CV** |
| **Lesson 3** | **Employability skills in life** | **10 mins** | **Optional** | **How to demonstrate employability skills** |
| **Lesson 4** | **Reflection of the week** | **9 mins** | **Compulsory** | **What to do next and seeing a careers advisor** |